

# PATHWAYS LINKING USE OF SOCIAL MEDIA TO TEEN OUTCOMES

## Teen Android Users Can Participate in the PLUS-2 Research Study

### What is the PLUS-2 Study?

The Pathways linking social media use to teen outcomes (plus-2) study examines the ways social media impacts teens and their sleep AND mood.

### What is Involved?

- It's all remote!
- Two ONLINE study visits
- Two months of wearing a watch that monitors sleep
- Downloading apps to monitor phone use
- Answering brief daily survey questions
- Compensation of up to \$210 provided (Amazon gift cards)

FOLLOW THE LINK IN OUR BIO OR GO TO

[THEHAMILTONLAB.ORG/PLUS2](https://THEHAMILTONLAB.ORG/PLUS2)

TO LEARN MORE!

QUESTIONS?

EMAIL US AT [PLUS2@PSYCH.RUTGERS.EDU](mailto:PLUS2@PSYCH.RUTGERS.EDU)

A black smartphone mockup displaying a survey form. The form consists of five grey rounded rectangular question boxes on the left and five blue rounded rectangular 'Yes!' buttons on the right. The questions are: 'Are you a teen ages 14-17?', 'In grades 9-12?', 'Owns an Android phone?', 'Uses social media?', and 'If so, you may be eligible for the Plus-2 study!'. A red vertical bar is visible at the top of the phone screen.